

HELP US CONTAIN COVID-19 CHECK FOR SYMPTOMS DAILY

**STAY HOME
IF YOU HAVE**

- FEVER OR CHILLS
- COUGH OR SORE THROAT
- NEW LOSS OF TASTE OR SMELL
- CONGESTION OR RUNNY NOSE
- HEADACHE
- DIFFICULTY BREATHING
- SHORTNESS OF BREATH
- MUSCLE OR BODY ACHES
- FATIGUE
- NAUSEA OR VOMITING
- DIARRHEA

**SEEK
IMMEDIATE
MEDICAL
CARE IF
YOU HAVE**

- PERSISTENT PAIN OR PRESSURE IN THE CHEST
- INABILITY TO WAKE OR STAY AWAKE
- NEW CONFUSION
- BLUISH LIPS OR FACE
- DIFFICULTY BREATHING



**CALL US IF
YOU HAVE ANY
QUESTIONS
(916)566-1787**